

Destiny Decider #1

Personality

Take the “Discovering My Personality” test and then score it yourself. Follow the instructions.

DISCOVERING MY PERSONALITY TEST

Before you begin read about the four personality types on pages 4-11.

Each of us is a combination of the four basic personality types. No one particular personality is any better or any worse than the others. They are all different. Therefore, there are no right or wrong answers. In each of the twenty-four lines on the next page, you have a choice of four words or phrases. Choose the word or phrase that best describes you when you are with your family and your friends.

Follow these two steps to complete the test.

1. Circle the one word or phrase on each of the twenty-four lines that best describes you. Circle only one per line. Choose the word or phrase that describes how you really are, not what others expect of you, or how you wish you were.
2. Determine your score by locating the word or phrase on line 1 that you circled and matching it to the column letter at the top. Find line 1 of the Scoring Sheet and locate the matching letter. Circle the column letter. It will not necessarily be the same column as the test.

For example, on line 1 if you circled “daring, pioneering,” it is under column B. Go to line 1 on the Scoring Sheet and circle the “B.” You will note that it is now under column 1. Once you have transferred all answers from the test to the Scoring Sheet, add up the total number of circles in each column and place that number on the line at the bottom of that column. These four numbers should total twenty-four. The column you score highest in is your dominant personality type.

Column 1—Choleric (The Doer)
Column 2—Sanguine (The Influencer)
Column 3—Phlegmatic (The Relater)
Column 4—Melancholy (The Thinker)

Now that you know your personality type review the characteristics of your personality on pages 4-11.1

Discovering Your Personality Survey

Directions: Circle ONE phrase in each row that you feel describes you best.

	A	B	C	D
1	gentle, kind	daring, pioneering	humble, mild mannered	persuasive
2	stubborn	careful	likable	considerate
3	patient	sociable	bold	analytical
4	decisive	listens	easy going	free-spirited
5	precise, accurate	funny	slow to get angry	forceful
6	inspiring	self-reliant	tactful with words	thinks of others
7	perfectionist	team-player	will not give up	wants to have fun
8	motivator	brave	unsure	mediator
9	friendly	exact	even-tempered	competitive
10	thinks things through	shows feelings	insistent	balanced
11	decision-maker	sacrificing	mild-mannered	talkative
12	easily pleased	respectful	full of life	daring
13	enthusiastic	aggressive	tends to worry	easy going
14	cautious	understanding	takes charge	gets agreement
15	expresses emotion	detailed	agreeable	loves challenges
16	confident	animated	one thing at a time	analytical
17	self-disciplined	suspicious	lively	predictable
18	energetic	kind	adventurous	chooses carefully
19	quiet	positive	willing to please	tries new things
20	argumentative	examines closely	easily led	does not worry
21	demanding	trusting	contented	critical of self
22	repetitious	indecisive	has many friends	controlling
23	supportive, helpful	fun to be with	decides carefully	outspoken
24	gets along easily	questioning	popular	wants change

Scoring Sheet

- | | | | | |
|-----|---|---|---|---|
| 1. | B | D | A | C |
| 2. | A | C | D | B |
| 3. | C | B | A | D |
| 4. | A | D | C | B |
| 5. | D | B | C | A |
| 6. | B | A | D | C |
| 7. | C | D | B | A |
| 8. | B | A | D | C |
| 9. | D | A | C | B |
| 10. | C | B | D | A |
| 11. | A | D | C | B |
| 12. | D | A | B | A |
| 13. | B | C | A | B |
| 14. | C | A | D | C |
| 15. | D | D | B | A |
| 16. | A | A | C | B |
| 17. | B | B | D | A |
| 18. | C | C | B | D |
| 19. | D | A | C | A |
| 20. | A | B | C | B |
| 21. | A | D | C | D |
| 22. | D | B | B | A |
| 23. | D | C | A | C |
| 24. | D | C | A | B |

My personality type is _____.

CHOLERIC (THE DOER)

Doer Dominant Directive Driver Dynamic Determined Developer

Motivated by:

Challenges, projects, results, and the freedom to act

Goal:

To challenge the status quo by controlling the environment and overcoming the opposition in order to achieve the desired results

Strengths and Weaknesses:

STRENGTHS

- Overcomer
- Visionary
- Decisive
- Goal oriented
- Persistent
- Initiating
- Confident
- Assertive
- Competitive
- Authoritative
- Independent

WEAKNESSES

- Controversial
- Oblivious to risks, facts
- Overbearing
- Impatient
- Inflexible, unyielding
- Dictatorial
- Braggart
- Blunt
- Abrasive
- Demanding
- Refuses help

Best Environment:

- Challenging project
- Variety in schedule and opportunities
- Freedom from control and detail

Biggest Fear: Incompetence, being taken advantage of

Reaction to Stress: Takes control

Suggestions for Personal Growth:

- Express empathy and emotion.
- Learn to listen.
- Relax and enjoy life.
- Be honest about weaknesses.
- Say, "I was wrong."
- Give in to others.
- Practice patience.
- Don't brag or say, "I told you so."

If this is your personality, then intensely pursue God's vision for you. Submit your plans to Him, and pursue them with love and sensitivity. Allow yourself to be "crucified with Christ" daily so that you go after goals that are God's goals and not your own. Then God will help you overcome your weaknesses and will use you to impact the world for Christ.

SANGUINE (THE INFLUENCER)

Influencer Initiator Inspirer Interest in people Interacter

Motivated by: People, approval, and recognition

Goal: To persuade others by creating an environment that motivates and assembles people to influence others

Strengths and Weaknesses:

STRENGTHS

- Optimistic
- Enthusiastic
- Personable
- Charismatic
- Confident
- Communicative
- Persuasive
- Gregarious
- Sense of humor
- Compassionate
- Life of the party
- Memory for stories
- Innocent
- Good on stage

WEAKNESSES

- Overselling
- Manipulative
- Self-centered
- Emotional
- Overconfident
- Compulsive talker
- Poor listener
- Superficial
- Exaggerative
- Angers easily
- Disorganized
- Bored with detail
- Naive
- Insecure

Best Environment:

- Freedom from control and detail
- Opportunity to influence others
- Friendly

Biggest Fear: Rejection

Reaction to Stress: Attacks verbally

Suggestions for Personal Growth:

- Listen more.
- Discipline yourself to follow through.
- Control your time and emotions.
- Condense your conversation.
- Follow through on friendships.
- Say no to extra responsibilities.
- Be sensitive to others.
- Don't come on so strong.

If this is your primary personality type, then rejoice that God will use you to have such a persuasive influence on people, and make it a goal to increase your effectiveness by asking God to help you discipline yourself to overcome your weaknesses.

PHLEGMATIC (THE RELATER)

Sympathetic Stable Steady Sensitive Security conscious Supportive

Motivated by: Relationships and appreciation

Goal: To support the present environment by encouraging positive relationships and specializing in specific tasks and consistent roles

Strengths and Weaknesses:

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none">• Loyal• Supportive• Agreeable• Relational• Easy-going, relaxed• Balanced• Consistent• Sympathetic and kind• Diplomatic• Dependable• Reluctant leader• Sincere• Quiet listener• Contented	<ul style="list-style-type: none">• Avoids conflict• Unenthusiastic• Conforming• Possessive• Complacent• Indecisive• Limited goals• Fearful and worried• Unspoken expectations• Undisciplined• Misses opportunities• Lenient• Spectator• Lethargic

Best Environment:

- Specialized opportunities with parameters
- Working with a team consistently
- Supportive appreciation

Biggest Fear: Loss of security

Reaction to Stress: Passively yields

Suggestions for Personal Growth:

- Acknowledge self-worth.
- Take initiative to participate.
- Set goals.
- Don't procrastinate.
- Make key decisions daily.
- Broaden range of friendships.

If this is your primary personality type, discover how God can use you to build positive, long-term relationships that will support your present environment. Ask God to help you take initiative to overcome your weaknesses.

MELANCHOLY (THE THINKER)

Contemplator Conscientious Competent Creative Controlled
Correct/analytical Calculating Compliant

Motivated by: Excellence, accuracy, protection, and security

Goal: To accurately create a product that meets the highest standards of excellence

Strengths and Weaknesses:

STRENGTHS	WEAKNESSES
<ul style="list-style-type: none">• Precise• Orderly• Thorough• Cautious• Analytical• Systematic• Accurate• Conscientious• Adaptable• Creative• Quiet• Self-sacrificing• Faithful• Perfectionist• Thinker	<ul style="list-style-type: none">• Too careful• Picky• Too detailed• Too cautious• Analysis paralysis• Obsessive/compulsive• Indecisive• Detached• Sensitive• Finicky• Withdrawn• Martyr complex• Too involved• Judgmental• Depressed

Best Environment:

- Supportive and predictable
- Clearly defined standards of excellence
- Operating with precision and accuracy

Biggest Fear: Criticism, change

Reaction to Stress: Withdraws

Suggestions for Personal Growth:

- Loosen the grip on perfection.
- Don't take it personally.
- Risk verbalizing your feelings.
- Think positively.
- Control emotional highs and lows.
- Respect others with their imperfections.
- Accept change.

If this is your primary personality type, then analyze how God will use you to create artistry and excellence in the body of Christ. Design a plan to increase your effectiveness, and ask God to help you overcome your weaknesses.